

WARWICK PROGRAM SCHEDULE JUNE 2026



05
Fri

10AM - 12PM

**MAPPING INTERNAL
HEADSCOPES
& JOURNALING**



12
Fri

10AM - 12PM

**GRATITUDE, MINDFULNESS,
PRESENCE & AWARENESS**



19
Fri

10AM - 12PM

**ART THERAPY:
CORE OF LIFE**



26
Fri

10AM - 12PM

**CONNECTING WITH
NATURE**

SDEIA Building. 163 Palmerin Street,
Warwick QLD 4370