

WARWICK PROGRAM SCHEDULE JANUARY 2026



09
Fri

10 AM - 12 PM

HOLDING SPACE

Art activities based on "holding space". Individual 30 min 1;1
coaching sessions also available



16
Fri

10 AM - 12 PM

COMMUNICATION

Art activities based on "communication". Individual 30 min 1;1
coaching sessions also available



23
Fri

10 AM - 12 PM

CONFIDENCE

Art activities based on "confidence". Individual 30 min 1;1
coaching sessions also available



30
Fri

10 AM - 12 PM

COMPASSION

Art activities based on "confidence". Individual 30 min 1;1
coaching sessions also available

SDEIA Building, 163 Palmerin Street, Warwick QLD 4370